

## February 2019

### K-8 Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Chicken Stir
<b>***Menus Subject to Change***</b>				½ c Fresh Apple(15) ¾ c Broccoli (4) ¾ c Stir Fry Rice [1MMA, 1OEG] 1 oz Roasted Chicken Milk (12)
4 Popcorn Chicken Parmesan	5 Cheese Quesadilla	6 Chicken Patty	7 Corn Dog	8 Beef Burrito
½ c Applesauce (15) ½ c Green Beans (5) 1.5oz Popcorn Chicken [1.5MMA, 1.5OEG] 0.5oz Mozzarella Cheese ½ c WG Pasta [1 OEG] (41) ¼ c Marinara (7) Milk(12)	4 oz 100% Juice (15) ¾ c Kernel Corn(12) WG Cheese Quesadilla [2MMA, 2OEG] (39) Taco Sauce Packet Milk (12)	½ c Banana (15) ¾ c Broccoli (4) 2 oz Chicken Patty[2MMA, 1OEG] on WG Bun [2OEG] (19) BBQ Packet(5) Milk (12)	4 oz 100% Juice (15) ¾ c Baby Carrots(15) Corn Dog [2MMA, 2OEG] Ketchup(3) Milk (12)	½ c Fresh Apple(15) ¾ c Mexi Beans (18) 1.5oz Seasoned Beef 0.5oz Cheddar Cheese WG Tortilla [2OEG] (19) Taco Sauce Packet Milk (12)
11 Breakfast Sandwich	12 Cheese Pizza	13 Mac & Cheese	14 Chicken Nuggets	15 Salisbury Steak
½ c Applesauce (15) ¾ c Tater Tots (18) 1.5oz Scrambled Egg Patty 0.5oz American Cheese 2oz English Muffin [2OEG] (24) Ketchup (3) Milk (12)	4 oz 100% Juice (15) ¾ c Baby Carrots (15) WG Cheese Pizza [2MMA, 2OEG] (24) Ranch Packet Milk (12)	½ c Banana (15) ¾ c Broccoli (4) 2 oz Cheese Sauce 1 c WG Rotini [2OEG] (41) 1 oz Shredded Cheese Milk (12)	4 oz 100% Juice (15) ¾ c Hickory Beans (39) 5 WG Chicken Nuggets [2MMA, 1OEG] (34) BBQ Packet (5) Milk (12)	½ c Fresh Apple(15) ¾ c Green Beans (7) ½ c Eggs Noodles [1OEG] (39) 2 oz Homemade Salisbury Steak w/ Gravy Milk (12)
18 Presidents' Day	19 Hot Dog	20 Hamburger	21 Chicken Parmesan	22 Turkey Ham Dinner
No Service	4 oz 100% Juice (15) ¾ c Baked Beans (39) 2 oz Turkey Hot Dog 2 oz WG Bun [2OEG] (21) Mustard/ Ketchup (3) Milk (12)	½ c Banana (15) ¾ c Diced Carrots (7) 2 oz Beef Patty WG Bun [2OEG] (19) Ketchup (3)/ Mustard Milk (12)	4 oz 100% Juice (15) ½ c Green Beans (7) 2 oz Chicken Patty [2MMA, 1OEG] (16) 0.5oz Mozzarella Cheese ¼ c Marinara Sauce (7) ½ c WG Pasta [1OEG] (41) Milk (12)	½ c Fresh Apple(15) ¼ c Kernel Corn (4) ½ c Cheesy Potatoes 2 oz Turkey Ham with 1 oz Corn Bread [2OEG] (28) Milk (12)
25 Chicken Nuggets	26 BBQ Pizza Bite	27 Turkey & Cheese Wrap	28 Chicken Bowl	
½ c Applesauce(15) ¾ c BBQ Beans (39) 5 WG Chicken Nuggets [2MMA, 1OEG] (34) BBQ Sauce (5) Milk (12)	4 oz 100% Juice (15) ¾ c Green Beans (7) 3 BBQ Pizza Bites[ 2MMA, 2OEG] (35) Milk (12)	½ c Banana (15) ¾ c Baby Carrots (15) 1.5oz Turkey 0.5oz American Cheese WG Tortilla [2OEG] (34) Mayo/ Ranch Milk (12)	4 oz 100% Juice (15) ½ c Mashed Potatoes (10) ½ c Kernel Corn (9) 2 oz Popcorn Chicken [2MMA, 2OEG] (14) Gravy Milk(12)	<b>***Menus Subject to Change***</b>

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